

Long Course Events

LCS begins: April 9th

Pike Spring
Invitational @ Pike:
May 10th-11th

LST Speedway Classic
@ Lawrence North: :
May 17th-19th

PCA Intrasquad Dual
Meet: May 30th

Jaime Miller Invite @
Donner
Park-Columbus: May
31st-June 2nd

Summer Dual Meet
Series: June 6th

Summer Dual Meet
Series: June 13th



April 2024 Edition



Congratulations Swimmers

Thank you Coaches

**Summer Dual Meet
Series: June 20th**

**FRST Summer Classic
@ Franklin: June
21st-23rd**

**Summer Dual Meet
Series Finale: June
27th**

**BBSC Summer Splash
@ Pike: July 12th-14th**

**Indiana Senior & Age
Group State: July
11th-14th**

**Indiana Swimming
Divisionals @ Center
Grove: July 26th-28th**

Swim Group Recaps:

Ripples: Coach Jess

Ripples started the season with a smaller group and finished the season nearly double the size. We worked hard on lengthening out strokes and focused on efficiency in the water. Long streamlines and good underwater off of all the walls. We had a lot of first, first practices, first swim meets, first relays, and we had a lot of fun. I am super proud of all of their growth and dedication this season.



Swells: Coach Jenna

Swells had a great short course season! We had lots of swimmers show great potential while they were competing in USA meets. Our biggest achievement was having 8 swells participate in Divisionals. This is the most we've had yet! Swells continued to focus on leadership, learning how to read a set, and endurance training. It is fantastic seeing how competitive these kids are and how dedicated they are to the sport. They are putting in the time and effort to get better, which makes us fully prepared for some great races this summer. There will be several meets in June for our newer swimmers to participate in that will be perfect for them! Summer meets are exciting and an excellent opportunity to see how much they have improved. It doesn't hurt that they get to hang out with their buddies either. It is one of our team goals to have as many of our Swells competing at our summer and USA meets as we can. We hope to see your kiddos signed up! Great work this season! :)



Breakers: Coach Lise

Our Breakers group had an amazing season! We had huge improvements in our strokes, starts and turns which resulted in large time drops across the board. We had 13 swimmers qualify for the Divisionals Championship meet and most qualified in more events than the previous season. We also had multiple top 8 finishes at the meet. The following swimmers finished Top 8 in at least 1 event: Esteban Alvarenga, Elizabeth Birkey, Jack Birkey, Aria Cook, Emma Dale, Olivia Dunaway, Finn Honegger, Lily Johnson, Mia Knierim, and Fiona Rosbottom. Aria Cook and Esteban Alvarenga both qualified for their first Age Group State Championship meet in the 50 free. We also had a 10&under girls relay, 11-12 girls relay and 11-12 boys relay compete at the Age Group State Championship meet which included the following swimmers in the Breakers group- Aria Cook, Emma Dale, Finn Honegger, Mia Knierim, Fiona Rosbottom, Esteban Alvarenga, and Jack Birkey.



Juniors: Coach Chris

The Juniors team saw an excellent conclusion to the 2023/2024 SCY season. Each season brings new growth to experience and new obstacles to overcome. Time and time again these young athletes prove they're up to the challenge! A few highlights from the season include:

Divisional Top Finishers:

Lainey Johnson: 1st 100 Breast
 Ella Wood: 2nd 200 Breast, 3rd 100 Breast
 Maddie Western: 2nd 200 IM, 2nd 200 Fly
 Olivia Moore: 1st 50 Breast, 2nd 100 Breast
 Sawyer Helton: 1st 50 & 100 Back, 2nd 50 Free & Fly
 Darren Moore: 3rd 200 Breast
 Sam Townsend: 2nd 50 Free

First-Time State Cuts:

Sawyer Helton: 100 Back
 Sam Townsend: 50 & 200 Free
 Ranger Bray: 200 Breast
 Jayson Tuel, Ranger Bray, Jaxon Russell, & Darren Moore: 13-14 Boys 200 & 400 Medley Relays
 Esteban Alvarenga, Jack Birkey, Aidan McAdams, & Sam Townsend: 11-12 Boys 200 Free Relay

State Top Finishers:

Jaxon Russell: 4th 50 Free, 8th 100 Fly, 11th 100 Breast, 14th 100 Free
 Olivia Moore: 16th 100 Free

Individual Zone Cuts:

Maddie Moore: 50 Free
 Olivia Moore: 100 Free
 Jaxon Russell: 50 & 100 Free, 100 Fly, 100 Breast, 200 IM

Although numerous other swims and swimmers were not mentioned in the lists above, we cannot undersell the accomplishments of all the athletes on the Juniors team this season. The Juniors team was involved in breaking 25+ PCA club records between the 11-12 and 13-14 age groups. Some of these records existed from the beginning of PCA's creation to not existing at all! Incredible performances and accomplishments by all the Junior athletes. We can't wait to see what the 2024 LCM season has in store for us.



Seniors: Coach Johnson

The 2023-24 short course season was yet another successful outing for the senior group swimmers. With practice starting in August, it was a grind for up to 29 weeks for some of our kids. We put a lot of emphasis on our high school season performance each winter within the short course club season. PCA Senior swimmers were very successful at their respective high schools, as was evident at the sectional competitions, where PCA swimmers filled the championship heats. Averie Keating, Taylor Brackney, Alli Woodard, Aubrie Keating, Adele Simon (Plainfield), and Jonah Clodfelter (Danville) all achieved school records! The new swimmers in our group showed tremendous improvements over the course of the season. Our freshmen were huge contributors in the success of their respective high schools. Aubrie Keating earned the highest podium finish for a female in PCA history at Age Group State claiming 3rd place in the 50 freestyle. Overall a very successful winter. It was a fitting send off for coach Ben Moore, who moved off of staff to pursue professional goals. We are grateful for Coach Moore's time and contributions to our programs over the past five years. Thank you, Ben!

New Club Records set by senior group swimmers (Short Course Yards)

- Jared Beasley - 200 Freestyle
- Jonah Clodfelter - 100 Backstroke
- Taylor Brackney - 400 Individual Medley
- Averie Keating - 100 Backstroke, 200 Butterfly
- Aubrie Keating - 50 Freestyle, 100 Freestyle

New Club Records set by senior group swimmers (Long Course Meters)

- Alli Woodard - 400 Individual Medley
- Averie Keating - 200 Butterfly

Indiana Senior Championships Participants - Elkhart, IN

- Jared Beasley, Jonah Clodfelter, Alli Woodard, Aubrie Keating, Averie Keating, Adele Simon, Ava Becker

Indiana Age Group State Participant - Indianapolis, IN

- Aubrie Keating



CONGRATULATIONS to all our PCA Senior Graduates !! We wish you all the best in all that you do. You will always be a part of our PCA family.



SWIMMING LESSONS

For Kids
Ages 4-12

\$125/child
(multi child family discounts available)
\$15/swimmer annual Lessons Insurance Fee




Register Now!
Sessions start on May 28th

Session Dates:

MAY 28-JUNE 26 | MON & WED | 5-5:45PM
(1ST WEEK TUES 5/28 & WED 5/29 DUE TO HOLIDAY)

MAY 28-JUNE 27 | TUES & THURS | 9:30-10:15AM

Got Questions? Email Us-
Toni: chris.toni@comcast.net (registration)
Julie: swimpcatreasurer@gmail.com (payment)
Jennifer: jrdetlefsen@gmail.com (PCA lessons)




Contact Us

**Plainfield Community
Aquatics – PCA**

Mail:

**PO BOX 774
Plainfield, IN 46168**

E-mail:

pcaswim@gmail.com

Remind:

Send a text to 81010

**Text this message
@27a38k2**

Facebook:

**Plainfield Community
Aquatics**

Website:

www.swimpca.com

Parent's Corner:

In this section we want to pass along great information for parents of swimmers. Did you know that on the USA Swimming website there's a tab just for Parent's with all kinds of helpful articles and videos? Here's the link to access those

<https://www.usaswimming.org/for-you/parents>

Calling all parents looking to get involved in PCA!!

PCA Board of Directors * PCA Meet
Committee * PCA Officials

Elmore Gear Items & PCA Online Spirit Store:

All PCA swimmers competing in swim meets must be in a PCA Arena suit and PCA swim cap (if cap is worn). Suits are available to purchase from our partner swim shop-Elmore. A link is provided on our website under team gear or [click here](#) . Swimmers must wear PCA logo apparel on the podium and Arena brand (for example: if a swimmer has a parka of another brand such as Speedo, they are asked to wear a PCA shirt/sweatshirt for podium awards instead as we are under an Arena contract.)

Personalized swim caps will be available for purchase 4/20-5/4 on the Elmore site

(Non-personalized caps will be available to purchase from coaches. \$13/each)

Spirit Wear Store:

<https://317graphicandapparel-com.myshopify.com/collections/plainfield-community-aquatics-pca>



PCA Sponsors! Thank you....Thank you!



WATER INSTINCT

church church hittle + antrim
ATTORNEYS AT LAW



THE LAW OFFICE OF SCOTT KNIERIM, LLC
76 S. JEFFERSON ST. | DANVILLE, IN 46122
WWW.KNIERIMLAW.COM
317.718.7290

Click on the link below to become a PCA Sponsor!!

[PCA Sponsorship Opportunities](#)